

## JMDC - CON 2026

**Theme:** Challenges for Better Health: Education, Innovation, Linkages

**Sub-Themes:**

SDG-3- Prevention for better Health

SDG-4- Quality Medical Education and Lifelong Learning

SDG-3- Non-Communicable and Communicable Diseases

SDG-9- Industry, Innovation & Infrastructure

SDG-17- Partnerships for Sustainable Development

### PROGRAM DAY-1

Sunday 20<sup>th</sup> September 2026

Venue: Day-1, Basement Hall, Jinnah Medical & Dental College, Korangi, Karachi, Pakistan

8:30 AM - 4:30 PM

| 8:30-11:00 AM                                                                                                                                            | Inauguration & Keynote Speaker Session                                                                                                                                                                                                                                                                              |
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| 8:30 AM                                                                                                                                                  | Conference Registration                                                                                                                                                                                                                                                                                             |
| 9:10 AM                                                                                                                                                  | Guest to be Seated                                                                                                                                                                                                                                                                                                  |
| 9:20AM                                                                                                                                                   | Arrival of Chief Guest                                                                                                                                                                                                                                                                                              |
| 9:25 AM                                                                                                                                                  | Tilawat-e-Quran                                                                                                                                                                                                                                                                                                     |
| 9:30 AM                                                                                                                                                  | National Anthem                                                                                                                                                                                                                                                                                                     |
| 9:35 AM                                                                                                                                                  | Welcome Address & Opening of Conference                                                                                                                                                                                                                                                                             |
| 9:45 AM                                                                                                                                                  | <b>Keynote Speaker -1</b><br><b>Prof. Dr. Bushra Jameel- (NHS-UK)</b><br>One Health and Antimicrobial Resistance                                                                                                                                                                                                    |
| 10:00 AM                                                                                                                                                 | <b>Keynote Speaker -2</b><br><b>Prof. Dr. Tariq Rafi – (Chairperson Sindh HEC)</b><br>Innovate, Educate, Connect: Accelerating Progress Towards Health and SDGs                                                                                                                                                     |
| 10:15 AM                                                                                                                                                 | Q / A Session                                                                                                                                                                                                                                                                                                       |
| 10:25 AM                                                                                                                                                 | Remarks by Chief Guest                                                                                                                                                                                                                                                                                              |
| 10:35 AM                                                                                                                                                 | Remarks by Guest of Honor                                                                                                                                                                                                                                                                                           |
| 10:45 AM                                                                                                                                                 | Memento & Shield Distribution                                                                                                                                                                                                                                                                                       |
| 10:55 AM                                                                                                                                                 | Group Photo                                                                                                                                                                                                                                                                                                         |
| Tea Break & Networking (11:00 AM- 11:20 AM)                                                                                                              |                                                                                                                                                                                                                                                                                                                     |
| 11:25-12:40PM                                                                                                                                            | Scientific Session-1<br>Non-Communicable Diseases                                                                                                                                                                                                                                                                   |
| SDG 3 – Good Health & Well Being                                                                                                                         |                                                                                                                                                                                                                                                                                                                     |
| Chairperson Scientific Session-1: Dr. Syeda Urooj Riaz<br>Co-Chairperson Scientific Session-1: Prof.Dr.M.Ishaq Ghauri<br>Moderator: Dr. Syeda Urooj Riaz |                                                                                                                                                                                                                                                                                                                     |
| 11:25 AM                                                                                                                                                 | <b>Invited Guest Speaker -1</b><br><b>Dr. Komal Motwani (USA)</b><br>The Hungry Brain Versus The Fat Tissue: Decoding the New Era of Anti-Obesity Medications (AOMs) and the South Asian BMI Paradox                                                                                                                |
| 11:40 AM                                                                                                                                                 | <b>Invited Guest Speaker -2</b><br><b>Dr. Syed Hasan Mustafa Rizvi (UK)</b><br>Snore, Pause, Repeat: Understanding Obstructive Sleep Apnoea                                                                                                                                                                         |
| 11:55 AM                                                                                                                                                 | Panel Discussion<br><b>Panelist-1- Prof. Dr. Farzana Amir (JMDC)</b><br>The PMOS Epidemic: Dismantling the Invisible Pipeline to Infertility and Type 2 Diabetes in Pakistan<br><b>Panelist-2- Prof. Dr. Nasir Luck (SIUT)</b><br>Rebranding from NAFLD to MASLD: More Than Just a Name Change and Newer Treatments |

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|                                                                                                                                                                 | <b>Panelist-3- Dr. Ghulam Murtuza (Patel Hospital)</b><br>Patient Selection Criteria: Who Truly Needs The Scalpel?<br><b>Panelist-4- Dr. Umair Kidwai (LRBT)</b><br>The GLP-1 Drugs and the Ischemic Eye Disease, is NAION the New Safety Signal?<br><b>Panelist-5- Associate Prof.Dr. Urooj Lal Rehman (JPMC)</b><br>The Normal-BMI Paradox: Redefining Type-2 Diabetes Guidelines and Early Intervention for South Asian Phenotype                                                                                                                                                                                                                                                                      |                                                                                         |                                                                              |
| 12:30 PM                                                                                                                                                        | Shield Distribution                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                         |                                                                              |
| 12:40 PM                                                                                                                                                        | Group Photo                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                         |                                                                              |
| 12:50-2:10 PM                                                                                                                                                   | Scientific Session-2<br>Communicable Diseases                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                         |                                                                              |
| SDG 3 – Good Health & Well Being                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                         |                                                                              |
| Chairperson Scientific Session- 2: Prof. Dr. M. Ishaq Ghauri<br>Co-Chairperson Scientific Session-2: Prof. Dr. Shuja Farrukh<br>Moderator: Dr. Syeda Urooj Riaz |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                         |                                                                              |
| 12:55 PM                                                                                                                                                        | <b>Invited Guest Speaker -1</b><br><b>Dr. Henry Kajumbula (Makerere University Uganda)</b><br>Digital Antimicrobial Stewardship: Leveraging AI to prevent Bedside Antimicrobial Resistance                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                         |                                                                              |
| 01:10 PM                                                                                                                                                        | <b>Invited Guest Speaker -2</b><br><b>Dr. Iffat Khanum (AKUH)</b><br>Beyond the Labels: Rethinking HIV Risk and Care in Pakistan                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                         |                                                                              |
| 1:25PM                                                                                                                                                          | Panel Discussion<br><b>Panelist-1- Prof. Dr. Shabeen Naz (JMDC)</b><br>The 13 Million Girls Initiative: Navigating Vaccine Coverage, Routine Immunization & Overcoming Hesitancy in Pakistan’s Historic HPV Vaccine Rollout<br><b>Panelist-2- Prof. Dr. Naveed Ali Khan (JMDC)</b><br>The Post-Op Crisis: Confronting Surgical Site Infections, Superbugs, and the Misuse of Prophylaxis in Pakistan’s Operating Rooms<br><b>Panelist-3- Prof. Dr. Iqbal Udaipurwala (BUMDC)</b><br>The Antibiotic stewardship in upper respiratory infections<br><b>Panelist-4- Associate Prof. Dr. Atiq Sher (LNH)</b><br>The Pediatric Red Zone: Confronting XDR Typhoid and Vaccine Hesitancy in Karachi’s Urban Core |                                                                                         |                                                                              |
| 02:00 PM                                                                                                                                                        | Shield Distribution                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                         |                                                                              |
| 02:10 PM                                                                                                                                                        | Group Photo                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                         |                                                                              |
| Lunch & Networking (2:15PM- 3:15PM)                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                         |                                                                              |
| 3:15-4:30 PM                                                                                                                                                    | Scientific Session-3<br>Parallel Sessions - Free Paper Session                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                         |                                                                              |
|                                                                                                                                                                 | Chairperson<br>Prof. Dr. Alina Atif<br>Co-Chairperson<br>Prof. Dr. Shaista Emad                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Chairperson<br>Prof. Dr. Meesum Iftikhar<br>Co-Chairperson<br>Prof. Dr. Naveed Ali Khan | Chairperson<br>Prof. Dr. Mariam Iqbal<br>Co-Chairperson<br>Dr. Mohsin Haider |
| 3:15 PM                                                                                                                                                         | Guest to be Seated                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Guest to be Seated                                                                      | Guest to be Seated                                                           |
| 3:20 PM                                                                                                                                                         | Free Paper-1                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Free Paper-1                                                                            | Annual Research Symposium<br>(Dental College-JMDC)                           |
| 3:30 PM                                                                                                                                                         | Free Paper-2                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Free Paper-2                                                                            |                                                                              |
| 3:40 PM                                                                                                                                                         | Free Paper-3                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Free Paper-3                                                                            |                                                                              |
| 3:50 PM                                                                                                                                                         | Free Paper-4                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Free Paper-4                                                                            |                                                                              |
| 4:00 PM                                                                                                                                                         | Free Paper-5                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Free Paper-5                                                                            |                                                                              |
| 4:10 PM                                                                                                                                                         | Free Paper-6                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Free Paper-6                                                                            |                                                                              |
| 4:20 PM                                                                                                                                                         | Group Photo                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                         | Group Photo                                                                  |

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| On Day 1<br>09:00AM 01:00PM | Poster Display Boys Common Room, JMDC, Korangi                   |
| On Day 2<br>09:00AM 01:00PM | Poster Display & Competition, Boys Common Room,<br>JMDC, Korangi |

## PROGRAM- DAY-2

Monday 21<sup>st</sup> September 2026

Venue: Day-2, Basement Hall, Jinnah Medical & Dental College, Korangi, Karachi, Pakistan

9:00 AM - 4:00 PM

|                 |                                                                                                                                                                                                                                                                                                                                                                                                                                             |
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| 9:00-11:30 AM   | <b>Scientific Session-4</b><br><b>Invited Guest Speaker Session</b><br><b>Innovations in Medical Treatment &amp; Industry</b>                                                                                                                                                                                                                                                                                                               |
|                 | SDG 9-Innovation, Research, and Technology<br>SDG 17-Partnerships for Sustainable Development                                                                                                                                                                                                                                                                                                                                               |
|                 | <b>Chairperson Scientific Session-4: Prof. Dr. Syed Shoaib Raza Rizvi</b><br><b>Co-Chairperson Scientific Session-4: Prof. Dr. Shahid Ahsan</b>                                                                                                                                                                                                                                                                                             |
| 09:00 AM        | <b>Dr. Abid Saleem (HOD, Dow Gamma Knife Radiosurgery Center DUHS)</b><br>Precision Without Incision: How Gamma Knife Technology is Transforming Neurosurgery                                                                                                                                                                                                                                                                               |
| 09:25 AM        | <b>Prof. Dr. Saqib Hussain Ansari (Pediatric Hematologist- CEO Children Hospital Karachi &amp; Bone Marrow Transplant Unit)</b><br>Building the Roadmap of Bone Marrow Transplant in Pakistan: Scaling Treatment Protocols from Basic Care to Cutting-Edge over Two Decades                                                                                                                                                                 |
| 09:50AM         | <b>Dr. Fahad Umer (AKU)</b><br>AI Equity in Dental Care                                                                                                                                                                                                                                                                                                                                                                                     |
| 10:15 AM        | <b>Prof. Dr. Syed Shahid Noor (LNH)</b><br>Made-in Pakistan Medical Devices of International Standards can lead to: Affordable and Accessible Healthcare for Humanity                                                                                                                                                                                                                                                                       |
| 10:40AM         | <b>Associate Prof. Dr. Nadeem Mahmood (UBIT-KU)</b><br>Application of Artificial Intelligence in Healthcare: Prospects and Challenges                                                                                                                                                                                                                                                                                                       |
| 11:05 AM        | Q/A session                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| 11:15 AM        | Shield Distribution                                                                                                                                                                                                                                                                                                                                                                                                                         |
| 11:25 AM        | Group Photo                                                                                                                                                                                                                                                                                                                                                                                                                                 |
|                 | Tea Break & Networking (11:30AM- 12:00 PM)                                                                                                                                                                                                                                                                                                                                                                                                  |
| 12:00 - 2:00 PM | <b>Scientific Session-5</b><br><b>Panel Discussion</b><br><b>Challenges to Medical &amp; Dental Industries</b>                                                                                                                                                                                                                                                                                                                              |
|                 | SDG 4-Quality Medical Education and Lifelong Learning<br>SDG 9 – Industry, Innovation & Infrastructure<br>SDG 17-Partnerships for Sustainable Development                                                                                                                                                                                                                                                                                   |
|                 | <b>Chairperson Scientific Session- 5: Prof. Dr. Junaid Lakhani</b><br><b>Co-Chairperson Scientific Session-5: Dr. Saima Akhtar, Prof. Dr. Mariam Iqbal</b>                                                                                                                                                                                                                                                                                  |
| 12:00PM         | <b>Challenges in Quality Medical Education and Lifelong Learning</b><br><b>Panelist -1- Prof. Dr. Atif Mahmood (Principal JMDC)</b><br><b>Panelist -2- Prof. Dr. Saba Sohail (Principal DMC-DUHS)</b><br><b>Panelist -3- Prof. Dr. Ambreen Usmani (Principal SMC-JSMU)</b><br><b>Panelist -4- Prof. Dr. Navid Rashid Qureshi (Principal Dental College LCMD)</b><br><b>Panelist -5- Prof. Dr. Wahab Kadri (Principal Dental College ZU)</b> |

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| 12:45PM                                      | <b>Challenges to Industry, Innovation and Partnerships</b><br><b>Panelist-1 - Prof. Dr. Abdul Bari Khan</b> (President & CEO-Indus Hospital)<br><b>Panelist-2 - Prof. Dr. Iftikhar Ahmed Siddiqui</b> (VC-Baqai University)<br><b>Panelist-3 - Dr. Ahson Qavi Siddiqi</b> (CEO-SHCC)<br><b>Panelist-4 – Mr. Sulaiman Ahmad</b> (Regional Director Sindh-HEC) |
| 01:30PM                                      | Shield Distribution                                                                                                                                                                                                                                                                                                                                          |
| 01:45 PM                                     | Group Photo                                                                                                                                                                                                                                                                                                                                                  |
| 1:50-3:00 PM                                 | <b>Session-6: Concluding Session</b>                                                                                                                                                                                                                                                                                                                         |
|                                              | <b>Chairperson Session-6: Prof. Dr. Atif Mahmood</b><br><b>Co-Chairperson Session-6: Prof. Dr. Nasim Karim</b>                                                                                                                                                                                                                                               |
| 01:50PM                                      | Certificate & Prize Distribution to Poster Winners                                                                                                                                                                                                                                                                                                           |
| 02:05 PM                                     | Certificate & Prize Distribution to Free Paper Session Winners                                                                                                                                                                                                                                                                                               |
| 02:20 PM                                     | Shields Distribution                                                                                                                                                                                                                                                                                                                                         |
| 02:45 PM                                     | Concluding Remarks by Principal Medical College                                                                                                                                                                                                                                                                                                              |
| 02:50 PM                                     | Vote of Thanks by Principal Dental College                                                                                                                                                                                                                                                                                                                   |
| 02:55 PM                                     | Group Photo                                                                                                                                                                                                                                                                                                                                                  |
| Lunch Break & Networking (3:00 PM - 4:00 PM) |                                                                                                                                                                                                                                                                                                                                                              |